

Australian Football Anti-Doping Code

Therapeutic Use Exemption (TUE) Requirements

Australian Football players may at times need to use a prohibited medication to treat a legitimate medical condition.

A TUE is an exemption that allows a player to use, for therapeutic purposes only, an otherwise prohibited substance or method.

TUEs are administered for the AFL by the Australian Sports Drug Medical Advisory Committee (ASDMAC).

TUE approval may protect athletes from receiving a sanction if a prohibited substance is found in their sample.

Who is required to have a TUE

Players in the following competitions/pathways are required to seek a TUE in accordance with the Australian Football Anti-Doping Code:

- 1. players playing AFL and AFLW Competitions;
- 2. male and female State League;
- 3. male and female players in any Australian Football talent pathway

How do you apply for a TUE

To seek a TUE, players must follow the process outlined by ASDMAC at the following website: https://www.asada.gov.au/therapeutic-use-exemption

TUE from another Anti-Doping Organisation

The AFL will recognise all TUEs approved by ASDMAC.