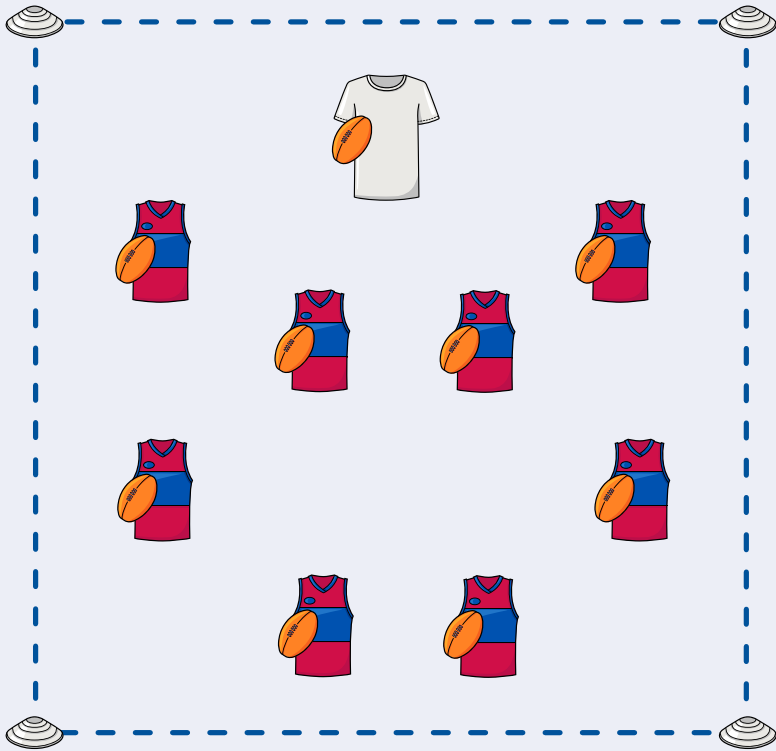


MAGIC FOOTY TRICKS

LVL
1



HOW TO PLAY

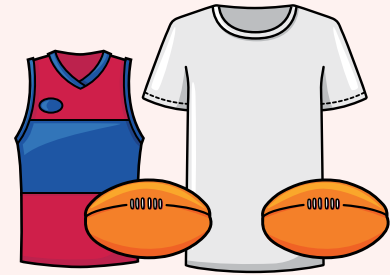
- 1 The coach calls out different “magic tricks” for the Auskickers to follow.

For example:

- Figure eight - move the ball in between and around the outside of each leg, like a number 8.
- Wrap the ball around your body - move it around you in a circle shape.
- Throw the ball up - clap before catching it or catch it behind your back.
- Pass the ball - side-to-side with a partner or through the legs.
- Hopping or Robot walks!

EQUIPMENT

1 football for everyone and 1 adult per group.



SET-UP

Spread the players out in an area with everyone holding their football ready for when you call out a football “magic trick!”

CHANGE IT UP

Use your imagination for different magic tricks: Fun changes can include dodging opponents while holding the football. Pretending to do an awesomely spectacular catch of the football (known as “taking a specky”).