



## RIGHTS & RESPONSIBILITIES CHARTER

As a participant in the AFL's NAB League competition, you have been provided with an opportunity to develop yourself as a person and a player, whilst acting as an ambassador for the game. The NAB League Rights and Responsibilities Charter provides a set of guidelines for all players to follow so that we can provide a safe and positive environment for all people involved.

The Charter serves as a reference point for guidance in our everyday behaviour and interactions with others in the football club environment. The NAB League takes safeguarding of young people seriously and this document lays out your rights and responsibilities as a participant of the sport.

### **The responsibility of a NAB League player is to always:**

- ✓ Act within the rules of the NAB League and the AFL
- ✓ Demonstrate respect and courtesy towards all people involved in our sport
- ✓ Be a positive role model for the NAB League and promote the values, rules and spirit of the game
- ✓ Act in a sportsperson-like way towards opponents, teammates, umpires, officials and volunteers
- ✓ Behave professionally by demonstrating honesty and integrity

### **Your Health and Wellbeing**

To be a player in the NAB League is a privilege and a recognition of hard work and commitment to your football. As an athlete, you will be supported and educated by the people in your region on the responsibility you have to take care of your own health and wellbeing.

Key areas of player responsibility for health and wellbeing in the NAB League include:

- Mental health
- Building wellbeing
- Sleep
- Alcohol consumption
- Wagering
- eSafety

## **Social Media**

- ✓ The NAB League recognises and appreciates the value of social media for both players and staff and appreciates personal engagement in social networking to communicate, learn, share and drive innovation.
- ✓ Players need to be mindful of content when posting to their social media accounts or being tagged in posts.
- ✓ As an ambassador of the game, be aware there are consequences for what you say and publish online.
- ✓ Support is available through your NAB League region and the eSafety Commission to guide safe and responsible behaviour online.

## **AFL Policy**

Players in the NAB League are required to adhere to several key AFL Policies. Failure to abide by these policies may result in an investigation by the AFL Integrity Unit or Sport Integrity Australia (SIA). Whilst education and support for each policy will be provided, it is a player's responsibility to familiarise themselves with each policy. All policies can be found at [afl.com.au/policies](https://afl.com.au/policies)

## **Anti-Doping Code**

- Know the classes of substances and methods which are prohibited under the Prohibited List.
- Be responsible for knowing what constitutes an anti-doping rule violation (ADRV) and the substances and methods that have been included on the Prohibited List.
- Take responsibility to ensure that you understand and comply with the Code.

## **Safeguarding and Young People**

- Understand that the AFL is committed to promoting and protecting the safety and wellbeing of children and young people in our care who access activities, programs, services, or facilities for which the AFL is responsible for.
- Know what constitutes appropriate behaviour to create a culture where children and young people feel safe and included
- Know the process for making a report in the case of unsafe or inappropriate behaviour towards a child or young person

## **Respect and Responsibility**

- Understand that there is an expectation upon all who engage with the game of AFL to observe the terms of the Respect and Responsibility policy.
- Be aware that NAB League Players are expected to conduct themselves in a manner that demonstrates respect for all people, regardless of gender identity or sexual orientation, and recognises our game's responsibility to promote and model gender equality without tolerance for the harm of others based on gender.
- Know the process for making a report in the case of inappropriate or disrespectful behaviour

## **Vilification Policy**

- Be acutely aware that no NAB League Players shall engage in conduct which may reasonably be considered to incite hatred towards, contempt for, ridicule of or discrimination against a person or group of persons on the ground of their:
  - race;
  - religion;
  - gender;
  - colour;
  - sexual preference, orientation or identity; or
  - special ability or disability
- Understand that no NAB League Player shall engage in conduct which may reasonably be considered to be offensive, abusive, belittling or threatening, or which is otherwise unwelcome, and a reasonable person would recognise it as being unwelcome and likely to cause the recipient to feel offended, humiliated or intimidated.